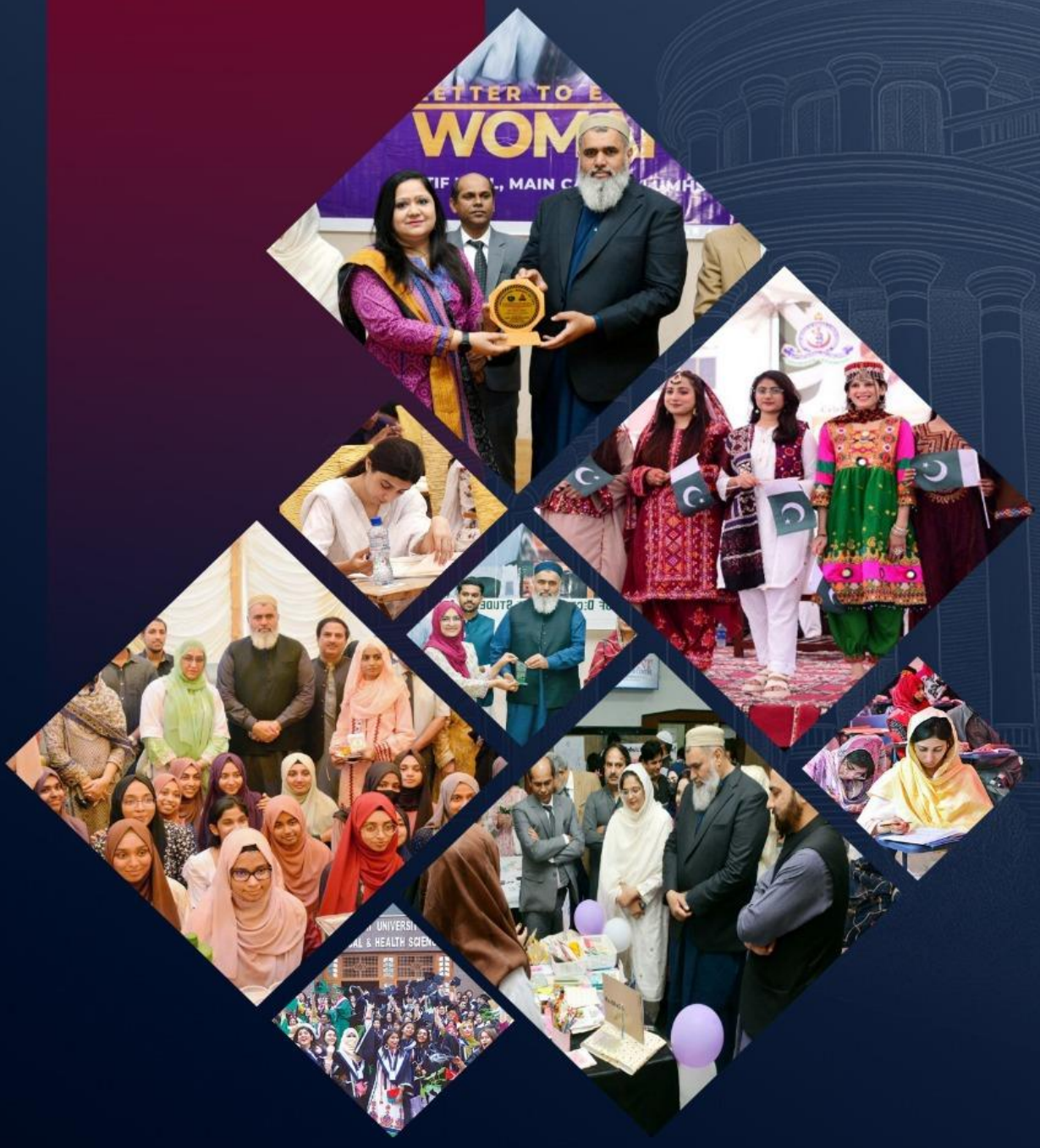
LIAQUAT UNIVERSITY
OF MEDICAL & HEALTH SCIENCES
JAMSHORO

SDG- 10

REDUCED INEQUALITIES



Diversity, Equity and Inclusion (DEI) Desk at LUMHS

Liaquat University of Medical & Health Sciences (LUMHS), Jamshoro, is committed to fostering an inclusive, equitable, accessible, and respectful academic environment where every individual is valued, respected, and provided with equal opportunities to participate, learn, work, and thrive. In line with its commitment to human rights, social justice, gender equality, and inclusive education, the University has established a Diversity, Equity & Inclusion (DEI) Desk under the supervision of the International Office. The DEI Desk serves as an institutional mechanism for promoting diversity, preventing discrimination, strengthening accessibility, and ensuring that the needs and rights of individuals from different cultural, religious, ethnic, social, and socioeconomic backgrounds are recognized and respected across the University.

A key responsibility of the DEI Desk is the adaptation, implementation, monitoring, and periodic review of LUMHS's Inclusivity, Accessibility and Anti-Discrimination Policy. Through this framework, the University aims to ensure fair treatment, equal access to educational and professional opportunities, and protection against discrimination in academic, administrative, and campus activities. The Desk also works to strengthen institutional awareness of diversity and inclusion, encourage respectful interactions, and promote a campus culture in which differences are recognized as a source of strength rather than a barrier to participation.

An important dimension of the DEI Desk's work is supporting persons with disabilities and individuals with diverse accessibility needs. The University seeks to promote an enabling academic environment by encouraging accessibility, facilitating appropriate support, addressing barriers to participation, and raising awareness about the rights, dignity, and capabilities of persons with disabilities. LUMHS also recognizes the importance of creating opportunities for their meaningful participation in academic, social, cultural, and extracurricular activities, ensuring that inclusion extends beyond policy commitments into everyday university life.

The University actively celebrates cultural diversity and promotes mutual understanding, tolerance, and respect through commemorative events, awareness programmes, and student engagement activities. Celebrations of International Women's Day provide opportunities to recognize women's achievements, highlight gender equality, encourage women's leadership, and promote equal opportunities in education and professional life. Similarly, observance of the International Day of Persons with Disabilities raises awareness about disability rights, accessibility, equal participation, and the importance of building an inclusive society. Cultural celebrations and diversity-related activities further provide platforms for students and staff to appreciate different traditions, identities, languages, and cultural expressions, strengthening social cohesion and a sense of belonging within the university community.

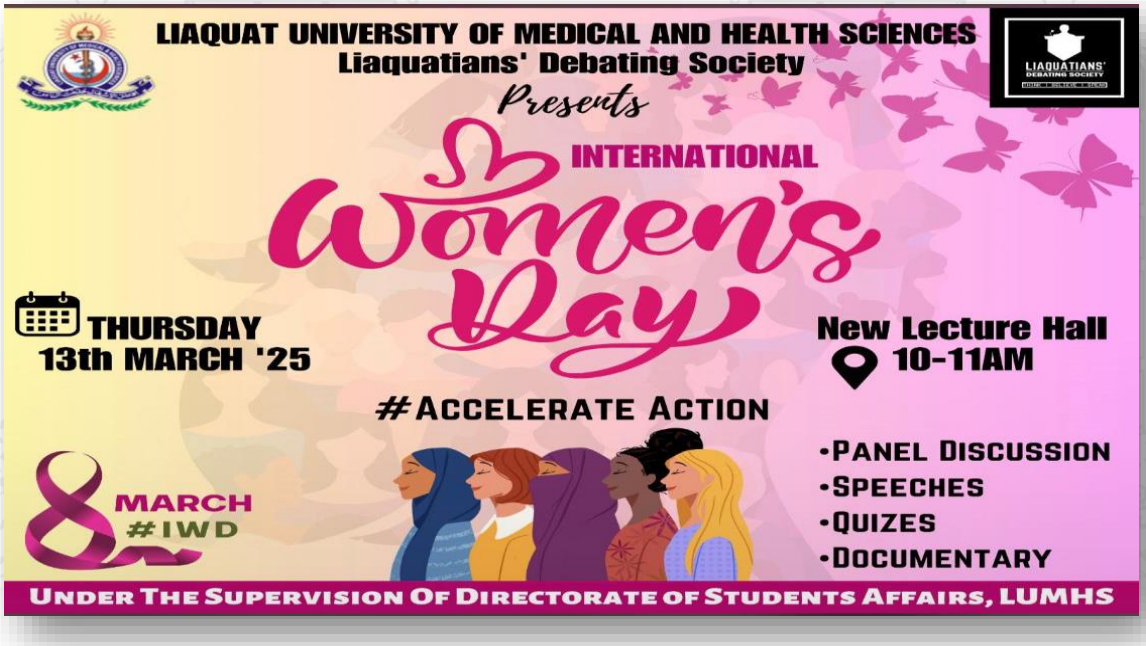
Furthermore, LUMHS encourages its students to participate in government-led human rights initiatives, awareness campaigns, educational activities, and community engagement programmes. Through these opportunities, students develop a deeper understanding of fundamental rights, equality, non-discrimination, social responsibility, and the protection of

vulnerable and marginalized groups. Their participation also helps extend the University's commitment to human rights and inclusion beyond the campus and into wider society.

Through the DEI Desk, institutional policies, disability support initiatives, cultural celebrations, gender equality activities, and engagement with government-led human rights programmes, LUMHS continues to strengthen its commitment to an equitable and inclusive educational environment. These efforts reflect the University's recognition that quality higher education must be accessible to all and grounded in dignity, fairness, respect, and equal opportunity.

International Women's Day

Liaquat University of Medical & Health Sciences (LUMHS) celebrates International Women's Day to recognize and appreciate the achievements, contributions, and leadership of women in education, healthcare, research, and society. The University uses this occasion to promote gender equality, women's empowerment, equal opportunities, and respect for women's rights and dignity. As an institution with a significant proportion of female students and women professionals, LUMHS emphasizes the importance of creating an inclusive, safe, and supportive academic and professional environment that encourages women's participation in leadership, decision-making, and career advancement. Through this celebration, the University reaffirms its commitment to SDG 10 (Reduced Inequalities) by advocating equal opportunities, recognizing women's accomplishments, and promoting a society where every woman and girl can realize her full potential.




LIAQUAT UNIVERSITY OF MEDICAL AND HEALTH SCIENCES
Liaquatians' Debating Society
Presents
INTERNATIONAL







LIAQUAT UNIVERSITY
OF MEDICAL & HEALTH SCIENCES
JAMSHORO

Awareness Session on the Rights of Persons with Disabilities and Social Responsibilities

Overview

LUMHS conducted an awareness session on international day for people with disabilities on12-12-2025 on the LUMHS FM radio platform on the rights of people with disabilities and the social responsibilities of the wider community. Radio reaches audiences in Jamshoro and surrounding areas, including those with limited access to print or digital media. It is therefore an effective way to carry public health and social messages to the community.

Objectives

- To raise public awareness of the rights of people with disabilities, including access to healthcare, education, and equal opportunity.
- To encourage respectful, inclusive, and sensitive behavior towards people with disabilities.
- To promote a shared understanding that inclusion is a collective social responsibility.
- To challenge stigma, stereotypes, and misconceptions that lead to exclusion and discrimination.

Content and Approach

The session discussed the legal and moral rights of people with disabilities. It also addressed everyday attitudes and practices, such as using respectful language, offering support without condescension, and removing physical and social barriers. Presenting these topics in simple, accessible language helped listeners relate the message to their own families, workplaces, and neighborhoods.

Impact on Society

Sessions of this kind contribute to gradual behavioral change by:

- Building empathy and sensitivity in how community members interact with persons with disabilities.
- Reducing stigma and discrimination, which often keep people with disabilities out of education and livelihood opportunities.
- Encouraging families and communities to support the participation of people with disabilities in social and economic life.
- Strengthening the link between the university and the community through regular public engagement.



Priority in free medical camps throughout all activities to facilitate people with disabilities

LUMHS gives priority to persons with disabilities across all of its free medical camps, ensuring that they can access healthcare services with dignity, convenience, and equal opportunity. In every camp organized by the University, special arrangements are made to facilitate persons with disabilities, including priority registration and consultation, reduced waiting times, assistance from volunteers and medical staff, and accessible entry and seating wherever possible, so that physical, sensory, or mobility limitations do not become barriers to care. This approach reflects the University's recognition that persons with disabilities often face greater difficulty in reaching health facilities and obtaining timely treatment, and that targeted facilitation is necessary to bridge this gap. By mainstreaming disability-sensitive practices into all its outreach activities, rather than treating them as occasional measures, LUMHS demonstrates its commitment to inclusion, equity, and the principle of leaving no one behind, and contributes directly to the objectives of SDG 10 by reducing inequalities in access to health services for one of the most vulnerable segments of society.



LUMHS Celebrating Diversity

Liaquat University of Medical & Health Sciences (LUMHS), Jamshoro, celebrates diversity and different cultures as an integral part of its institutional identity, recognizing that a university community drawn from varied regional, linguistic, social, and cultural backgrounds is a source of strength and mutual learning. Through cultural days, food stalls, traditional performances, artistic displays, and student-led presentations, the University provides students and members of the university community with a common platform to showcase and appreciate their cultural heritage. The student-led nature of such activities encourages active participation, creativity, teamwork, and peer learning, while giving students the opportunity to express their cultural identity and learn about the traditions, languages, arts, and cuisines of others. These celebrations promote mutual respect, tolerance, and understanding among students from diverse backgrounds, strengthen social interaction and community cohesion, and help create an inclusive and welcoming campus environment in which differences are accepted and valued rather than becoming a source of division. By encouraging the preservation and appreciation of cultural heritage and fostering dialogue and peaceful coexistence, LUMHS contributes directly to SDG 10 by promoting social inclusion and reducing inequalities, while supporting and partnerships among students, faculty, and staff.




Jordan and Palestine, Welcome to our Culture
One Nation, United
WELCOME TO THE PAL







Ombudsman Sindh Appreciates LUMHS Students for Their Role in the Brand Ambassador Programme

Youth for Transparent Governance: Empowering Youth, Promoting Transparency

Liaquat University of Medical & Health Sciences (LUMHS), Jamshoro, successfully organised the Brand Ambassador Initiative for Ombudsman Sindh, bringing together enthusiastic students to promote awareness, transparency, accountability, and good governance. The initiative gave young people a valuable platform to become advocates of ethical leadership, to raise awareness about public service, and to play an active role in building a fair and transparent society.

As brand ambassadors, LUMHS students carried the Ombudsman's message to their peers, families, and communities. They explained how citizens can lodge complaints against government departments and public institutions and encouraged people to approach the Ombudsman when they face injustice or maladministration, through a simple, accessible, and free complaint mechanism.

A session was organized by the Office of the Ombudsman Sindh to appreciate the active participation of LUMHS students in the programme, which includes students from universities across the province. The Ombudsman's office acknowledged the students' commitment, initiative, and civic responsibility, and encouraged them to continue as informed and responsible citizens.

Through this initiative, LUMHS continues to encourage youth participation, responsible citizenship, and positive social change. It supports SDG 16 (Peace, Justice and Strong Institutions) by promoting access to justice and accountable institutions, SDG 4 (Quality Education) through experiential, values-based learning, and SDG 17 (Partnerships for the Goals) through collaboration with the Office of the Ombudsman Sindh.

Your two texts differ on who organized the event: the first says the Ombudsman's office held the session, and the second says LUMHS organized the initiative. I have worded it so that LUMHS organized the initiative at the University and the Ombudsman's office held the appreciation session. Please correct this if it is not accurate. Also add the date, venue, number of participating students, and the name of the presiding guest, and keep the notice, photographs, and any certificates as evidence.

Education) through experiential and values-based learning, and SDG 17 (Partnerships for the Goals) through collaboration between the University and the Office of the Ombudsman Sindh




OMBUDSMAN, SINDH
انتظامی انصاف کے
حصول کا آسان حل!
تو آپ صوبائی محتسب سندھ
شکایات درج کرانے کا طریقہ
www.mohtasibsindh.gov.pk
021-99211025-28-31
021-99211051 / 021-99211091
registrar@mohtasibsindh.gov.pk
صدر دفتر


Brand Ambassador Program
FOR
Ombudsman Sindh
BRAND
AMBASSADOR
PROGRAM
FOR
Ombudsman
Sindh





LIAQUAT UNIVERSITY
OF MEDICAL & HEALTH SCIENCES
JAMSHORO

OVERALL REPORT ON

SUSTAINABLE DEVELOPMENT GOAL NO.1